



TEN-BROECK Elementary

2580 Stanley Street, Abbotsford, B.C., V2T 2R4

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Principal: Mr. J.W. Gottschalk
Vice-Principal: Mr. M. Smith

January 15, 2009

Dates to Note

JANUARY DATES:

- | | |
|---------|----------------------------------|
| Jan. 15 | Tonight!!! Movie Night |
| Jan. 16 | No School |
| Jan. 19 | Kindergarten Registration Begins |
| Jan. 20 | Kindergarten Fingerprinting |



Kindergarten Registration Monday, January 19th

Note: Children must turn 5 years of age between January 1 and December 31, 2009

- Proof of age (birth certificate)
- Care card
- Copy of the student's immunization record are required
- “Proof of residence” is also required for students with no siblings in a District school (tax assessment notice, rental agreement, proof of purchase, or mortgage papers)
- Proof of Citizenship (Parent)



AD/HD Parent Support Group

Date: Tonight!! Thursday, January 15, 2009
Time: 7:00-9:00 p.m.
Where: Fraser Valley Child Development Centre

Jane Gladman will discuss the **Six Effective Principles to Parenting**. All parents/caregivers are welcome to attend this free session. For more info contact Wendy Bruzzese at 604-852-2686 ext 230.

MOVIE NIGHT TONIGHT!!!

Wall-E

Doors open @ 5:30 p.m.
Movie starts @ 6:00 p.m.
Admission is \$1.00



Anti-Bullying, Part VII: Preventing Bullying by Staying Safe

This is the seventh part in a discussion of the problem of bullying and what children and adults can do about it. These newsletter articles will form only a small part in the plan to implement one of our school's goals: to help students develop and practice effective, positive, and cooperative interactions. Much of the discussion is taken from the book, Take Action Against Bullying, by Gesele Lajoie, Alyson McLellan, and Cindy Seddon.

As was stated last week, the best way to combat bullying is to prevent it from ever happening in the first place. We teach children four basic anti-bullying strategies listed below, and the first two are specifically aimed at prevention:

- **Build Connections**
- **Stay Safe**
- **Use Authority**
- **Care Enough to Take a Stand**

In this week's column, we'll focus on the use of the second strategy, stay safe. Staying safe is of great importance to all people, and in reference to combating bullying, translates into taking different actions for different people. It might mean not getting involved in bullying incidents, or it might mean knowing areas of the school or playground to avoid and acting on that knowledge. Children need to gain an understanding of what staying safe means to them in different circumstances, while recognizing their responsibility to take action against bullying. All children should learn the following strategies:

- Avoid bullies! Don't hang out in areas where they hang out.
- Try not to react to teasing or bullying by showing that you are angry or upset. Bullies are looking for a reaction, so try to appear calm and cool.
- Stick with your friends whenever you can. Try to be part of a group.
- If bullies steal something from you, try not to get into a fight. Look around to see if there are any witnesses that can be called on to support your story. Tell someone you trust as soon as possible.
- Remember that by reporting bullying behaviour you will help create an atmosphere where people can feel safe.

Children have a right to feel safe at school and in their community, knowing that these are places where they will be treated with respect and not places where they will feel frightened.

Free Parent Workshop How to Support Family Literacy



Are you struggling with the lack of interest your child has in reading a book? Are her/his grades slipping? This workshop is designed to help you better understand the middle school student, the changing meaning of literacy in today's world, as well as, provide some suggestions to support your child as s/he journeys through the educational system and prepares for the "real world".

Deirdre Goudriaan (Literacy Matters Association coordinator), and Bonnie Iftody (SD#34 helping teacher) will share their expertise on developing literacy skills in today's world.

Register by January 26, 2009

Contact Lucy Bell at 604-851-4580 or lucy_bell@sd34.bc.ca

Date: Thursday, January 29, 2009

Time: 6:30 to 8:00 pm

Where: Clearbrook Library



***If you require child minding, please mention this when registering.**